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| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Welcome to our second newsletter for early adopter schools. We hope you enjoyed the first issue and found it informative. This second newsletter contains subject-specific information, updates and tools which we hope you also find helpful. We are also delighted to shine the spotlight on Public Health England and some of their great resources. | | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | |  | |  |  | | --- | --- | | |  | | --- | | RSHE Update from DfE | | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | ****Publication of RSHE early adopter schools list:**** Further to recent emails, the DfE published the list of [early adopter schools](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=beda7237e6&e=a4d144329c) on GOV.UK on 24 February 2020. If you have any questions or concerns, please contact [rshe.earlyadopters@education.gov.uk](mailto:rshe.earlyadopters@education.gov.uk).    In our January newsletter, we set out our intention to share personal data i.e. name and email address of the individual registered as the school contact on the early adopter schools programme, with other schools registered onto the programme. We will share this information with you during March and hope you will find this helpful for collaborating and networking. If you change your mind, or you are unhappy with our use of your personal data, please let us know at any point by contacting [rshe.earlyadopters@education.gov.uk](mailto:rshe.earlyadopters@education.gov.uk).  If the media do get in touch with you about being an early adopter please feel free to get in touch with the DfE Communications team, please contact [lauren.carpenter@education.gov.uk](mailto:lauren.carpenter@education.gov.uk)  **Seeking your views:**  It is really important to us that we learn as much as we can about your experiences as an early adopter to inform our support package and future policy development. We will be sending out a voluntary short survey in due course, to gather insights about your experiences of preparing and teaching the new requirements. It should only take around 10 minutes to complete so we encourage you all to participate. Through the survey, there will also be an opportunity for you to indicate your willingness to be involved in telephone interviews and/or focus groups that we might want to conduct to allow us to understand your experiences in more detail. | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | |  | |  |  | | --- | --- | | |  | | --- | | Spotlight: Public Health England | | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Public Health England resources:**  Public Health England provides free, curriculum linked resources which offer ready-made PSHE lesson plans which map against the new RSE and Health Education statutory guidance. [Rise Above for Schools](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=ef2e65be6c&e=a4d144329c) focuses on building resilience and improving mental health in young people (10-16 year olds) and currently has resources available on a range of topics including: forming positive relationships; dealing with change; body image in a digital world; puberty; sleep and social media.    All resources are quality assured by the PSHE Association. Coming soon: Lesson plan content on sexual health.    Public Health England also offers free, curriculum linked Change4Life resources on nutrition and physical activity for primary school children. These include maths resources to help pupils get a better understanding of how much sugar they are consuming as part of their diet through the counting of sugar cubes, to science experiments to show the effect sugar has on teeth, as well as interactive whole school assemblies featuring Disney characters. All resources are downloadable from the School Zone. [Sign up to the School Zone newsletter](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=3b066cf568&e=a4d144329c) to be alerted when new resources are available.  If you would like to contact Public Health England, please use the following email address: [partnerships@phe.gov.uk](mailto:partnerships@phe.gov.uk) | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | |  | |  |  | | --- | --- | | |  | | --- | | Stakeholder Collaboration | | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | ****Supporting stakeholder collaboration and partnership working:****   Discussions at the early adopter conferences highlighted some great collaborative and joined-up practice within local authorities to support schools’ journeys towards implementing the full RSHE curriculum. We are working with local authorities to understand the RSHE landscape better and how we can better help local authorities to support schools. In the meantime below is an example of great partnership working, with thanks to Public Health England. The Sex Education Forum [briefing for](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=d4259a882d&e=a4d144329c)councillors also includes a number of excellent case studies of local authority and school liaison and support. | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | ****Sandwell Learning Improvement Team**** ****case study:****   Please find the Sandwell Learning Improvement Team case study [here](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=a6561a3941&e=a4d144329c) provided by Public Health England. | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | |  | |  |  | | --- | --- | | |  | | --- | | Other Tools and Resources | | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | ****A roadmap to statutory RSE:**** Two of our key stakeholders, the PSHE Association and Sex Education Forum have launched a joint [roadmap to statutory relationships and sex education](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=c08a3aa434&e=a4d144329c)[.](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=ea71822b2c&e=a4d144329c)   This free roadmap is a guide to support school leaders in preparing to provide high quality RSE and is supported by five leading unions - NAHT, NEU, ASCL, UNISON and Voice. The roadmap includes 10 steps based on established good practice and evidence of what works. It provides practical tools and advice for schools on a variety of topics, from what policies and resources schools should have in place, to effectively using student voices in developing their RSE provision. | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | ****NHS Blood and Transplant resources:**** From September 2020 blood, organs and stem cell donation will form part of the national curriculum for pupils in Key Stage 3 and 4 (11-16 year olds) in England. NHS Blood and Transplant have created a suite of [organ donation teaching resources](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=c694ec341a&e=a4d144329c) that are free to download. They are currently creating their blood donation materials and would welcome your suggestions. If you have any feedback, questions or suggestions regarding either their organ or blood donation teaching materials please email them to [teacher.resources@nhsbt.nhs.uk](mailto:teacher.resources@nhsbt.nhs.uk) | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | |  | |  |  | | --- | --- | | |  | | --- | | Other News | | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | ****Mental health:**** Physical and mental wellbeing is a key part of the new Relationships, Sex and Health Education curriculum (see pages 31 – 38 of the [statutory guidance](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=584243611f&e=a4d144329c)).  Schools will want to consider how they can complement the new curriculum through taking a ‘[whole school approach to mental wellbeing](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=761c0effd5&e=a4d144329c)’.  Through the mental health green paper, we have put in place a range of support available to help schools to do this.     **Senior mental health lead training and support teams:**  Senior mental health lead training will be rolled out to one member of staff per school to support the development of an effective whole school approach.  Mental Health Support Teams are being introduced in schools and colleges to provide support and improve join-up between schools, colleges and specialist health services and will cover 20-25% of England by 2023. See the [green paper summary](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=3264596b90&e=a4d144329c) or email: [mhgp.delivery@education.gov.uk](mailto:mhgp.delivery@education.gov.uk)   **Schools working with NHS mental health services:**  The Link Programme supports joined up working between schools and NHS Children and Young People’s Mental Health Services.  If you are interested in being involved please contact your local CCG via this website:  [https://www.annafreud.org/what-we-do/schools-in-mind/our-work-with-schools/the-link-programme/](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=755ec5d21d&e=a4d144329c) | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | ****Non-statutory guidance to schools on Character Education and development for pupils:**** In November, last year, the DfE published non-statutory guidance for schools on [character education and development](https://www.us4.list-manage.com/track/click?u=5b72fc7f9d87e1a23535f3371&id=9360cf1c68&e=a4d144329c). This guidance is for school leaders and teachers considering the rationale for character education and personal development, and the practicalities of provision and delivery. The guidance will support schools as they consider the 2019 Ofsted inspection framework, the social, moral, cultural and spiritual development of pupils, and their preparations for the introduction of RSHE subjects. It provides schools with six benchmarking questions to support reflection and the self-evaluation of current provision. | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | ****Get in touch**** **Have you got some successes to share?:**  We put out a request in the January newsletter for your experiences as early adopter schools including successes, great examples of partnership working (e.g. with your local authority school improvement and public health leads) and obstacles that you have overcome. Please do get in touch as we'd love to hear from you and to share your stories with all our early adopter schools. ****Contact us:**** Please send us your stories and comments on this newsletter to [rshe.earlyadopters@education.gov.uk](mailto:rshe.earlyadopters@education.gov.uk). | | | | | |